



Ref no: 030E

29th September, 2026

Dear Parents/ Guardians,

Re: Snacks Challenge Workshop

To further promote students' food knowledge and awareness about healthy eating by engaging them with hands-on experience of snacks making and a discussion about nutritional value of different food categories. Your child has been selected to join the Snacks Challenge Workshop at school. The details are as follows:

Activity:	• Part 1: Teaching students how to choose healthy snacks and read nutrition • Part 2: Healthy snacks production (Low-Calorie Sugar-Free Chocolate Rice Paper Balls)
Date:	8 th October, 2026 (Thursday)
Time:	12:45 p.m. to 2:45 p.m.
Venue:	Po Kok Primary School

Remarks:

1. **Please ensure that participating students do not have any nut or peanut allergies.**
2. No transportation fee is required.
3. Students will have lessons at school before and after the workshop.

If you have any queries or questions, please contact Ms Mamta or Ms Jessica Lee at 2573 7911, please return the reply slip to class teacher **no later than 2nd October, 2026**. Thank you for your kind attention.

Yours faithfully,

Ms Kathy Chung
Principal

-----Reply Slip-----
To the School (Ref no: 030E),

Regarding the information of Snacks Challenge Workshop, I have read the notice and the information is acknowledged.

Please tick the appropriate box.

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My child has my permission to join the workshop. He/She **does not have any nut or peanut allergies**.

My child does not have my permission to join the activity.

Name of student: _____ ()

Class: _____

Signature of parent: _____

Date: _____